

Year	Age	Sex	Height (cm)	Weight (kg)	Body Mass Index (kg/m <sup>2</sup> )	Waist Circumference (cm)	Hip Circumference (cm)	Waist-Hip Ratio	Trunk Fat (%)	Visceral Fat (cm)	Subcutaneous Fat (cm)	Visceral Fat Index (cm <sup>2</sup> )	Subcutaneous Fat Index (cm <sup>2</sup> )	Visceral Fat to Subcutaneous Fat Ratio
1990	20	M	170	65	22.0	85	95	0.89	15	10	5	150	250	0.60
1990	20	F	160	55	21.5	75	85	0.88	12	8	4	120	200	0.60
1990	25	M	175	75	24.5	90	100	0.90	18	12	6	180	300	0.60
1990	25	F	165	65	24.0	80	90	0.89	14	10	5	140	250	0.56
1990	30	M	180	85	27.0	95	105	0.90	20	14	6	200	350	0.57
1990	30	F	170	75	25.9	85	95	0.89	16	12	5	160	300	0.53
1990	35	M	185	95	28.5	100	110	0.91	22	16	6	220	400	0.55
1990	35	F	175	85	28.0	90	100	0.90	18	14	5	180	350	0.51
1990	40	M	190	105	30.0	105	115	0.91	24	18	6	240	450	0.53
1990	40	F	180	95	29.0	95	105	0.90	20	16	5	200	400	0.50
1990	45	M	195	115	30.5	110	120	0.92	26	20	6	260	500	0.52
1990	45	F	185	105	30.0	100	110	0.91	22	18	5	220	450	0.49
1990	50	M	200	125	31.0	115	125	0.92	28	22	6	280	550	0.51
1990	50	F	190	115	31.0	105	115	0.91	24	20	5	240	500	0.48
1990	55	M	205	135	32.0	120	130	0.93	30	24	6	300	600	0.50
1990	55	F	195	125	32.0	110	120	0.92	26	22	5	260	550	0.47
1990	60	M	210	145	33.0	125	135	0.93	32	26	6	320	650	0.49
1990	60	F	200	135	33.0	115	125	0.92	28	24	5	280	600	0.47
1990	65	M	215	155	34.0	130	140	0.93	34	28	6	340	700	0.49
1990	65	F	205	145	34.0	120	130	0.92	30	26	5	300	650	0.46
1990	70	M	220	165	35.0	135	145	0.93	36	30	6	360	750	0.48
1990	70	F	210	155	35.0	125	135	0.92	32	28	5	320	700	0.46
1990	75	M	225	175	36.0	140	150	0.93	38	32	6	380	800	0.48
1990	75	F	215	165	36.0	130	140	0.92	34	30	5	340	750	0.45
1990	80	M	230	185	37.0	145	155	0.93	40	34	6	400	850	0.47
1990	80	F	220	175	37.0	135	145	0.92	36	32	5	360	800	0.45
1990	85	M	235	195	38.0	150	160	0.94	42	36	6	420	900	0.47
1990	85	F	225	185	38.0	140	150	0.93	38	34	5	380	850	0.45
1990	90	M	240	205										

1